Appendix A:

ANAESTHETIC ANAPHYLAXIS TREATMENT PACK

Suggested contents

- Adrenaline pre-filled syringe x2 (1 mg/10 ml = 100 mcg/ml). Each syringe = 20 doses of 50 mcg, 10 doses of 100 mcg, 1 dose of 1 mg (cardiac arrest)

- Hydrocortisone 100 mg x2.

- Details of where to find glucagon (for patients on beta-blockers) and vasopressin (for protracted hypotension) (less than 10 minutes away) Details of doses: glucagon 1–2 mg repeated as required at 5 minute intervals, vasopressin 2 units repeated as needed, consider infusion.

- Anaphylaxis management algorithms (adult and paediatric), for example:
  
  Resuscitation Council (UK)
  https://www.resus.org.uk/anaphylaxis/emergency-treatment-of-anaphylactic-reactions/

  Or

  AAGBI
  https://www.aagbi.org/sites/default/files/anaphylaxis_2009_0.pdf

  Or

  ANZAAG (Adult – Immediate management)
  And
  ANZAAG (Adult – Refractory)
  And
  ANZAAG (Paediatric – Immediate management)
  And
  ANZAAG (Paediatric – Refractory)

- Details of where to find Perioperative Anaphylaxis Investigation Packs