

Appendix A:

ANAESTHETIC ANAPHYLAXIS TREATMENT PACK

Suggested contents

- Adrenaline pre-filled syringe x2 (1 mg/10 ml = 100 mcg/ml).
Each syringe = 20 doses of 50 mcg, 10 doses of 100 mcg, 1 dose of 1 mg (cardiac arrest)
- Hydrocortisone 100 mg x2.
- Details of where to find glucagon (for patients on beta-blockers) and vasopressin (for protracted hypotension) (less than 10 minutes away)
Details of doses: glucagon 1–2 mg repeated as required at 5 minute intervals, vasopressin 2 units repeated as needed, consider infusion.
- Anaphylaxis management algorithms (adult and paediatric), for example:

Resuscitation Council (UK)

<https://www.resus.org.uk/anaphylaxis/emergency-treatment-of-anaphylactic-reactions/>

Or

AAGBI

https://www.aagbi.org/sites/default/files/anaphylaxis_2009_0.pdf

Or

ANZAAG (Adult – Immediate management)

http://www.anzaag.com/Docs/PDF/Management%20Guidelines/Adult_Immediate_Management_Card_2016.pdf

And

ANZAAG (Adult – Refractory)

http://www.anzaag.com/Docs/PDF/Management%20Guidelines/Adult_Refractory_Management_Card_2016.pdf

And

ANZAAG (Paediatric – Immediate management)

http://www.anzaag.com/Docs/PDF/Management%20Guidelines/Paediatric_Immediate_Management_Card_2016.pdf

And

ANZAAG (Paediatric – Refractory)

http://www.anzaag.com/Docs/PDF/Management%20Guidelines/Paediatric_Refractory_Management_Card_2016.pdf

- Details of where to find Perioperative Anaphylaxis **Investigation** Packs