

Appendix A:

Recommended content of standard allergy clinic letter to the referring clinician following assessment of perioperative anaphylaxis

Type of event	Allergic anaphylaxis/non-allergic anaphylaxis/not an allergic event Description of event detailing exposures	
Cause of event	Culprits identified	List definite culprits
	Culprits identified	List probable culprits
	Culprits identified	List possible culprits
	In non-allergic events	Describe cause, future risk and recommendations
	Drugs administered which are unlikely to be culprits	List
	Continued harm from event	eg. new anxiety, a change in mood, impaired memory, impaired coordination, impaired mobility, symptoms of PTSD, myocardial damage, heart failure and new renal impairment
Investigations	Positive tests used – skin prick	List with concentrations
	Negative tests used – skin prick	List with concentrations
	Positive tests used – Intradermal	List with concentrations
	Negative tests used – Intradermal	List with concentrations
	Positive slg E tests	List with results
	Negative slg E tests	List
	Total IgE	Result
	Summary of tryptase results	Dated and timed results
Avoidance	Challenge test results	List, total dose and route of administration
	Drugs/Substances to avoid: Definite	List
	Drugs/Substances to avoid: Probable	List
Safe alternatives	Cross reactivity with other drugs requiring avoidance	List
	Identified safe alternatives for each culprit	List
Communication	<i>If no clear culprits identified</i>	Clear statement on future risk and suitable drugs for future use based on a risk assessment
	Copy letter to patient, referring physician/surgeon and GP	Confirmed in letter
	Hazard warning	Advised/not advised
	Statement on MHRA reporting	Reported/ Not reported by clinic with MHRA reference number
	Additional written information issued	Yes/no and specify content/type/source